

Term	WK	Date	Level 1	
			Code	Title
1	1	29-Jan	W1-INTRO	Introductory Session
1	2	12-Feb	W1-BUSH1	Clothing and Equipment
1	3	19-Feb	W1-BUSH2	Nutrition
1	4	26-Feb	W1-BUSH3	Weekend Ex Prep
1	5	05-Mar	W1-WTHR1	Introduction to Weather
1	EX	07-09 Mar	EX1-BUSH	Bushcraft
1	6	12-Mar	W1-COMM1	Introduction to Radio Communications
1	7	19-Mar	W1-NAV1	Introduction to Topographical Maps
1	8	26-Mar	W1-NAV2	Compasses + Bearings
1	9	02-Apr	W1-WS1	River Safety
1	EX	04-06 Apr	EX2-COMM/WS	River crossing camp + Nav (basic, open terrain)
1	10	09-Apr	W1-NAV3	Contours
<b>HOLIDAYS</b>				
2	1	30-Apr	W1-NAV4	Route Planning (In revision for next ex)
2	2	07-May	W1-COMM2	Comms revision + course pre-reading
2	EX	10-May	EX3-COMM/NAV	VHF Course, 1 day nav
2	3	14-May	W1-FA1	Introduction to First Aid
2	4	21-May	W1-FA2	Common Outdoor Illnesses and Injuries
2	5	28-May	W1-LEAD1	Developing Your Self-Leadership Skills
2	6	04-Jun	W1-BUSH4	Introduction to Environmental Care
2	EX	06-08 June	EX4-NAV	Parent Exercise - Navigation, closed terrain
2	7	11-Jun	W1-SAR5	The role of helicopters in SAR
2	8	18-Jun	CANVAS	Canvas Catchup
2	9	25-Jun	Visit	Sector Visit
<b>HOLIDAYS</b>				
3	1	16-Jul	W1-ECO1	Ecology
3	2	23-Jul	W1-LEAD2	Introduction to Outdoor Health and Safety
3	EX	26-27 Jul	EX5-OUT	Outreach
3	3	30-Jul	W1-RWB1	Building Your Personal Resilience
3	4	06-Aug	W1-SAR2	Introduction to GPS
3	5	13-Aug	W1-SAR2a	GPS Practical Session
3	EX	15-17 Aug	EX6-SOLO	Solo (GPS to spot)
3	6	20-Aug	W1-SAR3	Introduction to Ropes
3	7	27-Aug	W1-SAR1	Introduction to SAR
3	8	03-Sep	W1-SAR4	Basic Search Methods
3	EX	05-07 Sep	EX7-SAR	SAREX
	9	10-Sep	CANVAS	CANVAS Catchup
3	10	17-Sep	N/A	Spare/fun session
<b>HOLIDAYS</b>				
	EX	02-05 Oct	EX8-EOYE	End of Year Exercise
		18-Oct	N/A	2026 Interviews
		06-Dec	N/A	Prizegiving & Meet New Cohort